



Rooted in Community, Growing Together!

ANNUAL REPORT

Jan. 1, 2025 – Dec. 31, 2025

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From the Board President

The year 2025 was a time of significant change and renewal for Saint Columba House, as the Board worked to fulfill its oversight and hiring responsibilities. In April, we bid farewell to Katherine Pigott, expressing gratitude for her dedicated leadership and care during her two-year tenure as Interim Executive Director. In July, we welcomed Sarah Clark as the new Executive Director. She has demonstrated skill and energy in building a strong foundation for the future of Saint Columba House. After six months, the Board unanimously confirmed her appointment as permanent Executive Director, expressing confidence in her leadership and commitment to advancing the mission and vision of the organization.

A key priority for the Board in 2026 is to update and define Saint Columba House's Mission, Vision, and Values to address social and demographic changes in Pointe Saint Charles and Quebec. Our thanks to Sarah and consultant Olga Calvache for their spadework in reviewing programs, consulting staff, board, and community members, and clearly presenting their findings. Moving forward, the Board aims to grow and strengthen the membership base and to ensure robust community representation within its ranks.

Serving as chair and president for the past three years has been an honour. I greatly appreciate the faithful and solid contributions of all Board members. Special acknowledgement is extended to Gary Tompkins, who continued on the Board as the non-voting Recording Secretary, and whose accurate and timely meeting minutes have been invaluable.

Respectfully submitted,



**The Rev. Maylanne Maybee,
President of the Board of Directors**



Letter from the Executive Director

In 2025, Saint Columba House remained deeply rooted in community; nurturing connections across generations and creating space for people to grow together. Every day, children, youth, adults and seniors came together in our programs to learn, share, and support one another. Whether through Hand-in-Hand, LEAD, CIT, or Seniors Connections, participants built skills, confidence, and a sense of belonging that continues to ripple across the community.



Across all programs, we continued to listen, adapt, and grow. In the Alternate School, children benefited from the addition of French instruction and the introduction of Play Therapy, creating new ways to support both learning and emotional development. Meals on Wheels took important steps forward, from completing a feasibility study to piloting the return of daily hot meals, alongside weekly check-in calls that helped reduce isolation and strengthen connection.

We also created more opportunities to come together. Intergenerational summer activities brought youth and seniors side by side, building meaningful relationships, while the expansion of Hand-in-Hand with a second classroom opened the door for even more participants to connect and grow.

Looking ahead to 2026, we carry this momentum forward. We will continue listening closely to our community; engaging participants, staff, and partners as we expand programs, strengthen feedback, and shape a new strategic plan to guide the years ahead. Through it all, we remain rooted in Pointe Saint Charles, a place where people are welcomed as they are, where connections take hold, and where, together, we continue to grow.

In solidarity,

Sarah Clark
Executive Director



Our Mission

Our mission is to foster an inclusive community for all, through education, compassion, and breaking isolation in Pointe Saint Charles and beyond.

Mission in Numbers in 2025



22,544

Number of meals
prepared and served



11,466

Number of snacks
served to children



1,325

Number of unique people served
through food security services



2,880

Number of hours of tutoring
provided to children



53

Children in programming

- **17 children** in Alternate School
- **36** in After School



48

Day Camp served **48**
children for the affordable
cost of **\$200 for 6 weeks**



2

Pilot projects launched:

- **Play Therapy**
- **Nourish and Connect**

Partnership Highlight

1

Program collaboration with Centenary United Church: a six-part Spiritual Café series fostering inclusive, respectful dialogue across diverse perspectives.

Xmas gifts
distributed

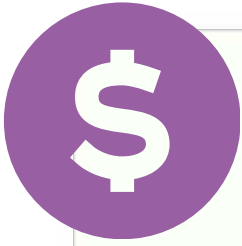
68

Xmas gifts delivered to
at-risk children

48

Gift baskets for at-risk
families & individuals

20



\$225K

of new, three-year funding secured

Moved to Zeffy online donations.
100% of donations now go to the organization

zeffy 



300

Registered members



12

Full-time staff



8

Part-time staff

1

Staff training on change management

Mission in Action

Spiritual Café

– Building dialogue and not debate

In collaboration with Centenary United Church, a six-session Spiritual Café was offered in the fall of 2025, creating a welcoming space for dialogue, reflection, and the sharing of ideas. Each session, led by a facilitator, explored universal themes such as living together in community, art as inspiration, loneliness and connection, and the practice of gratitude. The project was non-denominational, focused on conversation rather than debate, and fostered community connections by building bridges and encouraging open-minded engagement with diverse perspectives.



Meals on Wheels Feasibility Study: Examination of Program Expansion

An external consultant conducted a comprehensive review of the Meals on Wheels program, including a needs analysis in Pointe Saint Charles, a review of complementary services, and a competitive analysis.

The report identified areas for improvement and provided recommendations to strengthen and expand the program, ensuring that this essential service remains accessible to those who need it most.



Meals on Wheels Pilot Project launched!

A pilot project involving 10 Meals on Wheels participants transitioned from a frozen meal model (one delivery of five meals per week) to daily hot meal delivery. Participants were offered low-sodium and gluten-free options to better accommodate dietary restrictions. The pilot ran for two months and will be expanded to all clients in 2026, improving nutrition, accessibility, and overall service quality.





Play Therapy Pilot Program Introduced

In October 2025, Saint Columba House launched a Play Therapy pilot program for Alternate Preschool children. Concordia University student Paula Knowles piloted Child-Centred Play Therapy for 12 children, offering a safe, developmentally appropriate space for them to express emotions, build coping skills, and develop socially and emotionally through play. A dedicated play therapy room was created, and the program launched in December 2025. Offering the program free of charge increases accessibility for marginalized families and provides early intervention and protection for children at-risk. The next phase will integrate families into the therapeutic process in 2026 and the possibility of expanding this therapy into the After School program.

Food Security Programs

Community Lunch

In 2025, we prepared and served 22,544 meals (Community Lunch and Meals on Wheels) and provided 11,466 snacks to children, youth and adults, reaching 1,325 unique individuals.

Meals were offered at \$30 per month for 20 meals (\$2 per meal), while approximately 20% of participants received meals at no cost. In 2025, there was an increase in the number of people experiencing homelessness among those we serve, highlighting the growing need for accessible, nutritious food and welcoming spaces. Through these meals, we are not only nourishing bodies but also fostering community, support, and dignity for everyone who walks through our doors.



Community Lunch Impacts 2025



13,304

Hot meals prepared and offered through Community Lunch

4%



Increase over 2024



1,325

Unique people served over 12 months

20%



Of all meals were offered at no charge



2,560

Meals were offered to at-risk children and youth

Meals on Wheels

In 2025, the Meals on Wheels service served 40 participants and transitioned from the COVID-era model of frozen meals delivered once a week to a daily hot meal delivery for a quarter of participants, restoring the program's core purpose of providing nutritious meals directly to those in need. As part of a pilot project to address social isolation, 10 seniors with limited mobility were paired with McGill University psychology students for a 20-minute weekly phone call, building connections and supporting mental well-being. This pilot laid the foundation for scaling the program, combining hot meal delivery with social support.



Looking ahead to 2026, the program aims to clarify referral criteria and expand daily hot meal delivery Monday to Friday for all participants, with on-foot delivery by volunteers and an expanded psychology student component to better serve seniors most at-risk.



Meals on Wheels Impacts 2025



9,240

Meals prepared and delivered



12%

Increase over 2024



40

Seniors served with limited mobility



Completed a feasibility study on Meals on Wheels Expansion model



Launched pilot project transforming program into daily hot meal delivery



160 minutes of connection was created through phone calls to break program participants social isolation





“

“My wife and I have been together for 57 years and are now approaching our 80s. Though we still have each other, we also care for my elderly cousin, and neither of us can cook efficiently anymore. The Meals on Wheels service has been a blessing; the meals are consistent, delicious, and very affordable. It helps us get through our days with less worry, knowing there is a service we can rely on. It truly brings us peace of mind and relief from daily stress.”

*- Achille Dumas
Meals on Wheels Recipient*

Healthy Snacks

Saint Columba House addresses food insecurity by providing nutritious snacks across various programs.



Healthy Snack Impacts 2025



2,160

Snacks through Alternate School



6,480

Snacks in After School



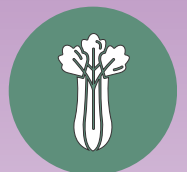
1,050

Snacks in Day Camp



576

Snacks for seniors



1,200

Snacks through
Café Pronto

Children's Programs

Alternate School

In 2025, 17 unique children were enrolled in the Alternate School Program. By September, the program reached full capacity with 12 students, including three returning participants and nine new students. The program prepares children for kindergarten by integrating numeracy, literacy, and structured learning into daily activities, with 25 hours of instruction each week, Monday to Friday.

French instruction began in October 2025 with 30 minutes of daily lessons. Food security is integrated into the program offering one snack daily to children to support well-being and focus, and a complete meal at lunch to address food insecure households.

Students also participated in monthly special activities, providing opportunities for engagement, connection, and hands-on learning.

The program welcomes stagiaires to learn from the teacher and gain practical experience, and actively involves parents in daily activities, reinforcing their role in supporting children's learning and development.





Alternate School Impacts 2025



17

Unique children
registered in 2025



12

Enrolled in
September 2025 for
new school year



7-9

Average student
attendance



10

Monthly parent
meetings



2,160

Snacks offered
over 10 months



2,160

Hot meals prepared and
offered to students

1

Open House occurred in August 2025 to allow prospective parents to visit the site and receive program information for registration in the fall of 2025.

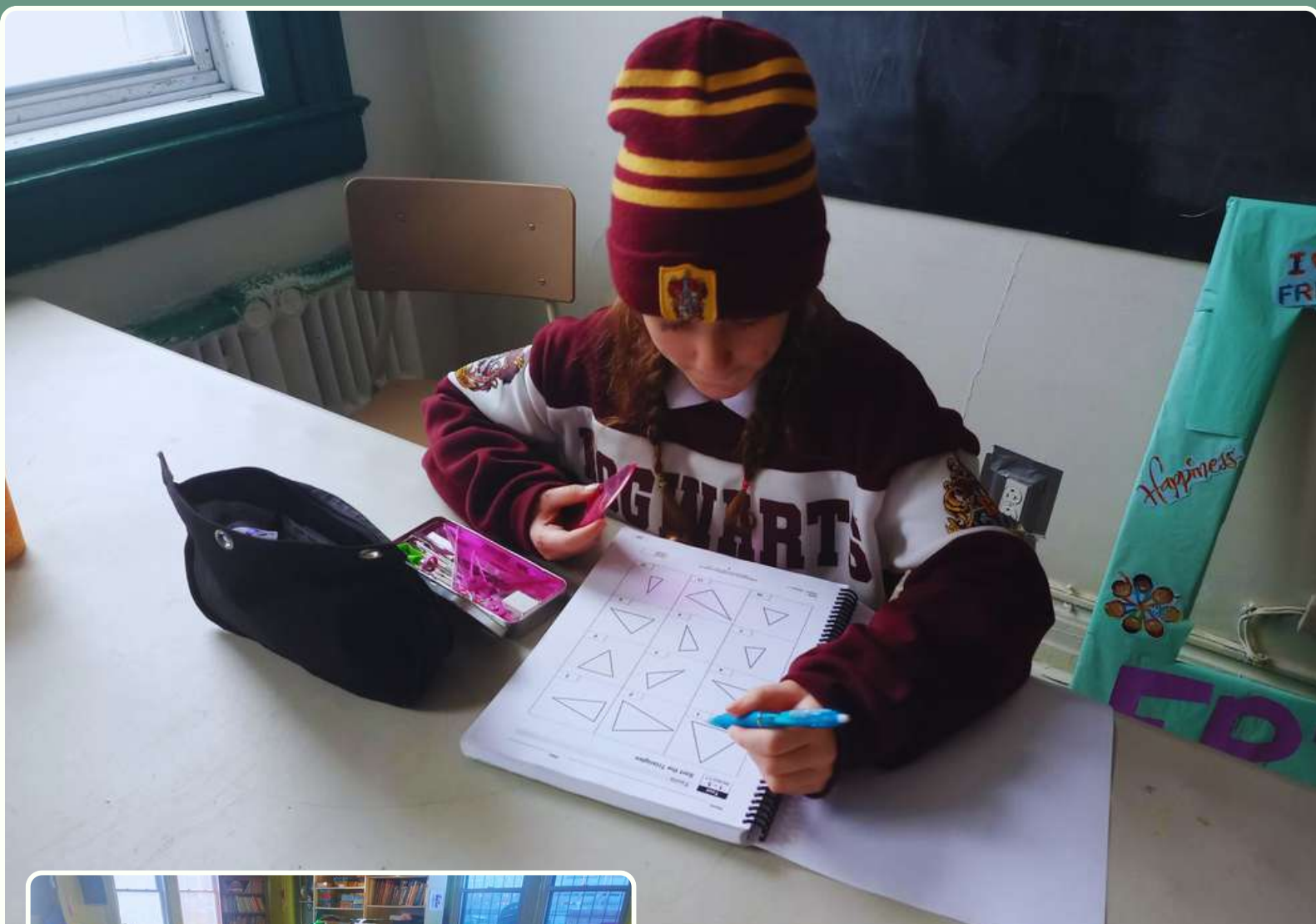
After School



The After School Program served 30 students from January to June 2025, and 38 students from September to December 2025, with an average attendance rate of 87%. A total of 24 families participated in the program, which offered 108 hours of homework help per week and 162 hours of activity programming per week, including a wide variety of recreational and educational activities.

Students ranged from ages four to twelve, organized in groups with a staff-to-student ratio of 1:16. The program ran for 36 weeks and celebrated numerous special occasions, including Halloween, Christmas, Valentine's Day, St. Patrick's Day, Easter, and the end-of-year party. Family nights were held five times, with an average attendance of 76%, fostering family engagement.





After School Impacts 2025



38

Unique children attended
After School in 2025



108

Hours of dedicated
homework help, with a
focus on reading



1:16

Student to
teacher ratio



6,480

Snacks were provided
in 2025



300

Meals were prepared
and served to families
during After School
"Family Nights"



“

"Saint Columba House has given my niece more than a program — it has given her a home away from home. A place where she feels safe, supported, and truly seen. From starting there at just three years old in Alternative school, to now stepping into high school, she has been surrounded by people who helped her grow, believe in herself, and find her way."

**- Christine Kenny, Aunt to Rowan,
Long-time After School Program student.**

Day Camp

The Day Camp welcomed 45 children from 35 families, running from June 23 to August 2, 2025. The program cost \$200 for six weeks, with an additional \$60 for post-camp care. Children were divided into three age groups: six to eight years of age, eight to ten years of age, and 10 to 12 years of age, supported by six staff members.

Campers enjoyed a rich schedule including 16 outings, two swimming days each week (16 sessions total), 12 Counsellor-in-Training activities, and daily indoor and outdoor activities (30 of each). Highlights included weekly trips to the beach for five weeks and a final week visit to Parc Safari.





Day Camp Impacts 2025



45

Unique children served



35

Families supported



16

Outings in 6 weeks



60

Planned activities over six weeks that incorporated indoor & outdoor play, arts and games



1,050

Free snacks offered throughout the six weeks



7.5:1

Ratio of children to camp counsellors



Saint Columba House has been an important part of my children's lives for many years. The summer camp has been an essential resource for us as I returned to work after many years at home. My kids and I always felt safe and supported, which made the transition easier. What stands out to me the most about the summer camp program is how connected the kids feel to the community. They aren't just attending camp, but building relationships across different age groups, backgrounds and varying abilities. It's given them confidence, empathy, and a sense of belonging and engagement, that goes far beyond just going to summer camp.

Simone Balasz,
Parent of children in Day Camp.

Youth Programs

Leadership Training (LEAD)

During 2025, 15 unique youth were registered in the LEAD program with an average attendance of five youth per session. In fall 2025, LEAD was extended one additional weekday.

The LEAD program explored leadership principles through a series of weekly workshops and guided group discussions. A highlight of fall 2025 was a workshop led by podcaster Anthony D' Alessio from NFR Podcast. Youth had the opportunity to learn about entrepreneurship and podcasting as a creative way to share their voices and stories.

Counsellor in Training Program (CIT)

The Counselor-in-Training (CIT) program ran for six weeks from May to June 2025, with weekly preparation workshops designed to provide youth with the skills and strategies needed to support day camp activities. Upon completing the CIT training, participants transitioned into day camp placements, working alongside experienced camp counsellors to practice and apply the techniques they had learned.

In 2025, seven CITs participated in the training and were placed in our day camp for six weeks. Each CIT received an honorarium, providing valuable work experience in a mentoring environment while building skills, confidence, and CVs to support future employment in day camps and related roles.



Lead Impacts 2025



15

Unique youth attended



160

Hours of workshops & discussions
around Leadership principles



100

Meals offered over
8 months of programming

CIT Impacts 2025



7

Youth attended
CIT training



1,470

Hours of applied work contributed
by the seven CITs collectively

Adult Programs

Café Pronto

Café Pronto is a low-barrier drop-in café offered weekdays, providing a welcoming space for community members to connect. Each day features a theme, and participants can choose to engage in social games, political discussions, art therapy, or simply enjoy coffee and snacks with access to free Wi-Fi.

The café serves as an entry point for individuals, offering a warm space in winter and a cool refuge in summer. It fosters connection, encourages community building, and allows staff to develop deeper relationships with participants. Importantly, Café Pronto also serves as a gateway into the organization, creating opportunities for referrals to other programs within the house or to partner resources in the wider community.



[illegible]

Bill's Community Bike Shop

Entering its 12th year, Bill's Community Bike Shop continues to provide affordable bicycles and repair services to lower-income households, promoting mobility, independence, and sustainable transportation. By refurbishing donated bikes, offering workshops on cycling, safety, and maintenance, and supplying reconditioned bicycles to adults and children, the shop empowers community members to stay active and connected.

In 2025, the shop experienced its busiest season yet, expanding hours, increasing bike donations, and growing both sales and labor revenues. Partnerships with local organizations, including Cycle 7 and BUM BUM, strengthened the shop's visibility and connections within Montreal's cycling community. Operational improvements, including reorganized workshop space, an appointment-based repair system, and dedicated display areas, enhanced efficiency and service quality.



Bill's Community Bike Shop

Impacts 2025



\$21,019

Total revenue



30%

Increase in
revenue over 2024



51%

Growth in
bike sales

Supported youth and families through daily interactions, quick repairs, and skill-building opportunities

Expanded community engagement via participation in local events and partnerships with Cycle 7 and BUM BUM

Staffing included a bicycle coordinator and two volunteer mechanics

Operational improvements enhanced workflow, inventory management, and service accessibility

Workshops and social media content promoted cycling skills, road safety, and sustainable transportation.

Seniors Connections

The Senior Connections Program provides anglophone seniors in Pointe Saint Charles with opportunities to connect, learn, and engage, helping to build community and reduce social isolation. Meetings were held weekly on Monday afternoons in an accessible space, following a healthy ageing framework that addressed fitness, wellness, mobility, social services, and neighborhood concerns.

In 2025, 48 workshops and speaker events were offered, including fitness, wellness, movement therapy, creative arts therapy, educational workshops, and social games. Eight intergenerational sessions connected seniors and youth, fostering mutual learning, breaking down stereotypes, and building lasting relationships. Outings included visits to the community garden, the Ecomuseum, a café, and an art exhibit at Palais des Congrès with a virtual nature experience.

The Seniors Steering Committee met monthly, involving eight members in planning workshops, activities, and outings, totaling 96 hours of active participation. The program also expanded social outreach, completing 240 calls to isolated seniors, and strengthened volunteer engagement, with 15 seniors supporting daily food programs.



Senior Connections Impacts 2025



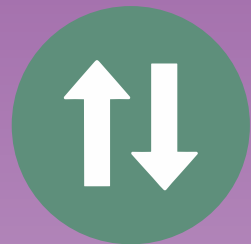
12

Steering Committee
meetings



96

Hours of
total programming



8

Intergenerational
sessions fostered
relationships with youth



48

Workshops and speaker events
supported learning, well-being,
and creative expression



4

Outings promoted cultural
engagement and
community connection



240

Outreach calls reduced
isolation for vulnerable
seniors



15

Volunteers contributed to
food security programs



85%

Of seniors reported improved
social connection, mental
well-being, & physical health

Hand-In-Hand



In 2025, 19 participants were enrolled in Hand-in-Hand, a 36-week program supporting adults with intellectual disabilities through numeracy, writing, project-based learning, and life skills development. An additional 16 participants joined the five-week summer day camp, offering outings and experiential learning. The program serves a balanced and engaged group of 9 women and 9 men, with ages ranging from 25 to 70.



Programming also provided learning opportunities for Special Care counselling stagiaires and incorporated alternate therapies such as drama therapy, music therapy and art, allowing participants to express themselves creatively.

This year marked important growth, including the addition of a second classroom and the launch of a comprehensive program review to strengthen curriculum, admissions, and overall structure. Investments in the learning environment include new seating and upgraded technology, with further enhancements planned for 2026. Looking ahead, the program will introduce a Friday programming day to further support participants.



Hand-In-Hand Impacts 2025



19

Participants



900

Hours of programming



14

Number of musical
therapy hours



48

Number of drama
therapy hours



5

Weeks of Summer
Day Camp offered



4

Gardening workshops on
planting and local food



Expanded to a
second classroom

Celebrations

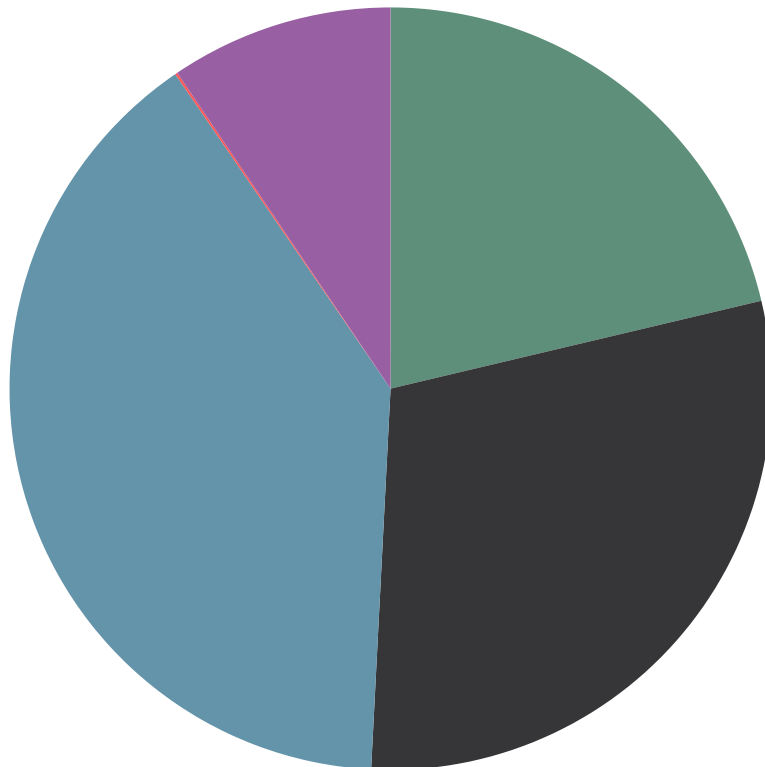
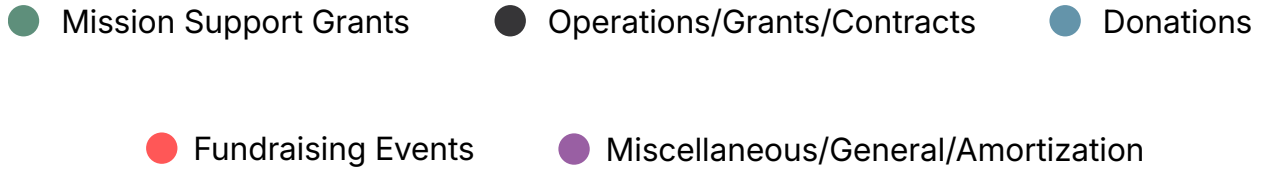
Throughout the year, the programs hosted several celebrations that brought children, families, and the community together. The Alternate School held a Christmas celebration, with generous gifts provided by Bureau en Gros. The After School Program also celebrated with a Christmas party, supported by a fundraising effort organized by SPVM Neighborhood Station 15, which provided gifts for all 35 children. Flik the mascot joined the festivities, adding joy and excitement for the children. The Hand-in-Hand program hosted a Christmas gathering, a cherished tradition filled with warmth, community, and festive spirit. Over 80 community members attended a traditional Christmas dinner at Saint Columba House, made possible by volunteers, staff, and live jazz performances. Volunteers were also recognized with a Christmas breakfast, highlighting their essential role in supporting programs such as Community Lunch and Meals on Wheels.





Financials

Revenue 2025



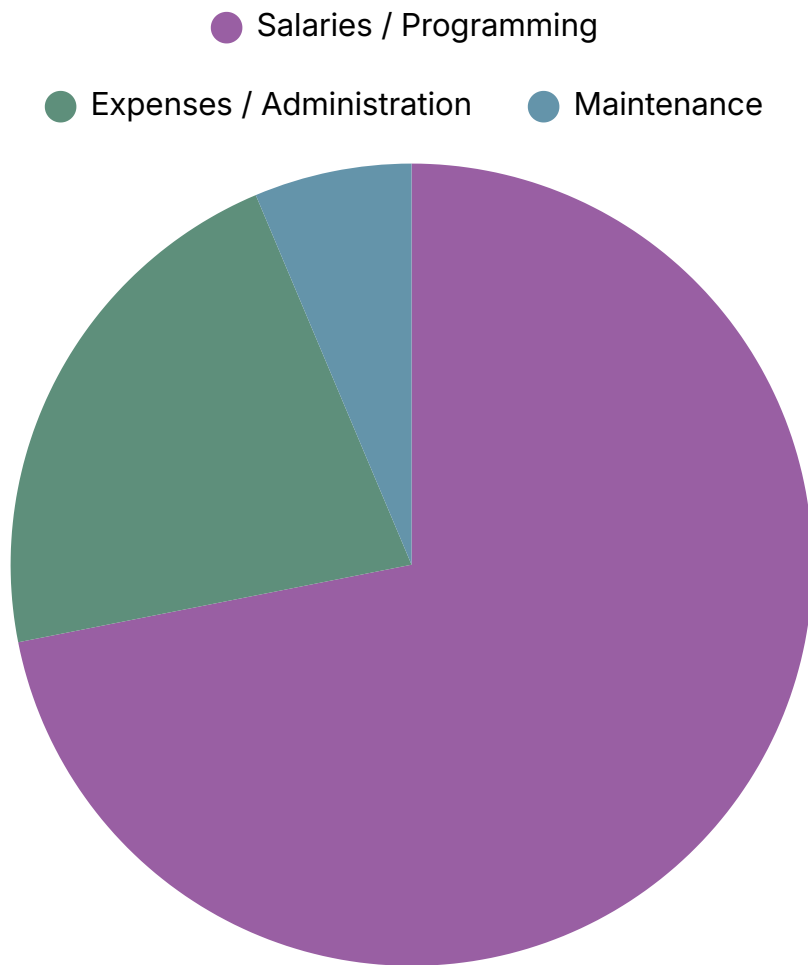
Revenues:

Mission Support Grants	\$214,755
Operations/Grants/Contracts	\$297,601
Donations	\$399,595
Fundraising Events	\$ 991
Miscellaneous/General/Amortization	\$ 95,391

TOTAL REVENUE

\$1,008,333

Expenses 2025



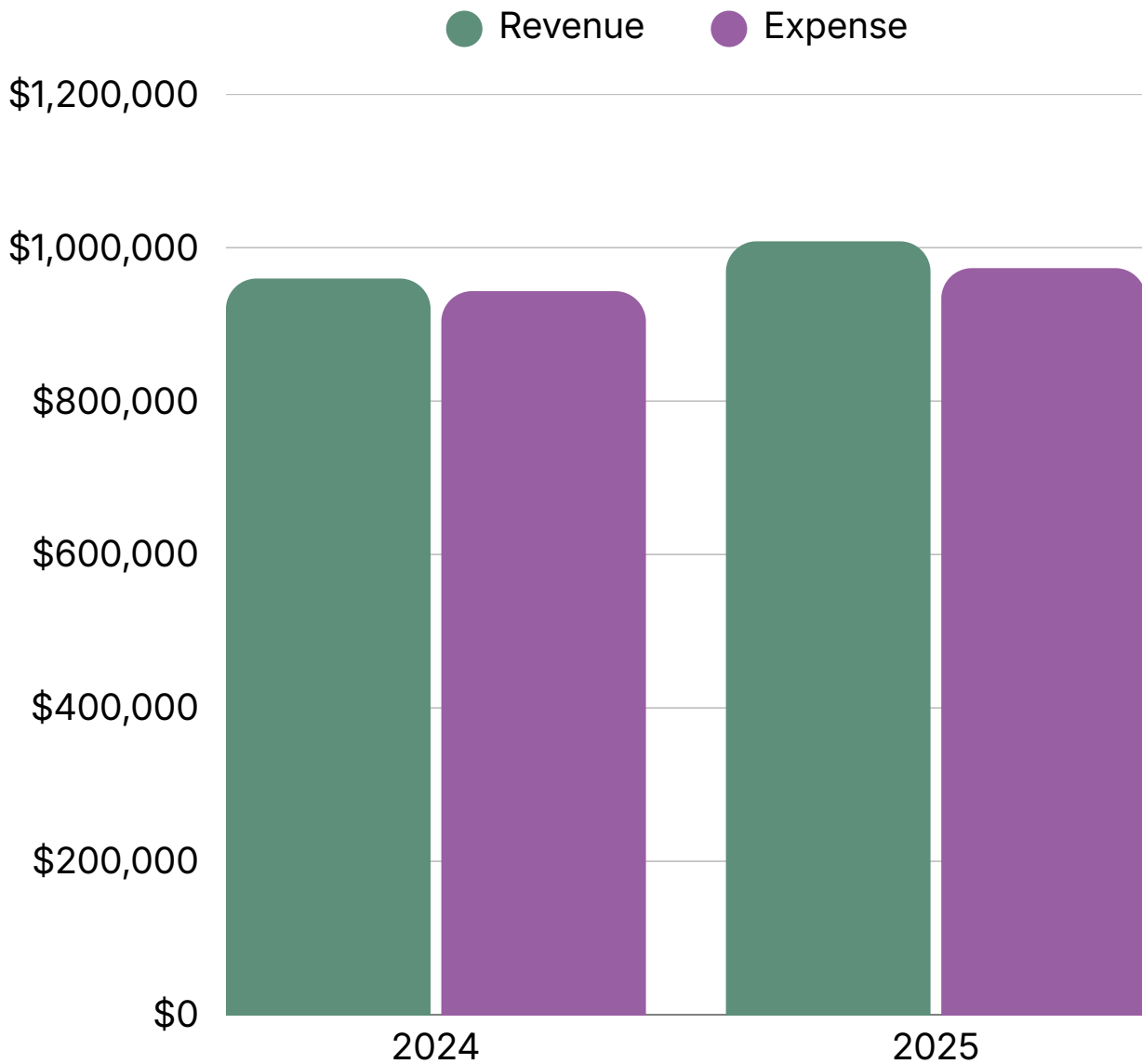
Expenditures:

Salaries/Programming	\$699,897
Expenses/Administration	\$211,675
Maintenance	\$ 61,822

TOTAL EXPENSES

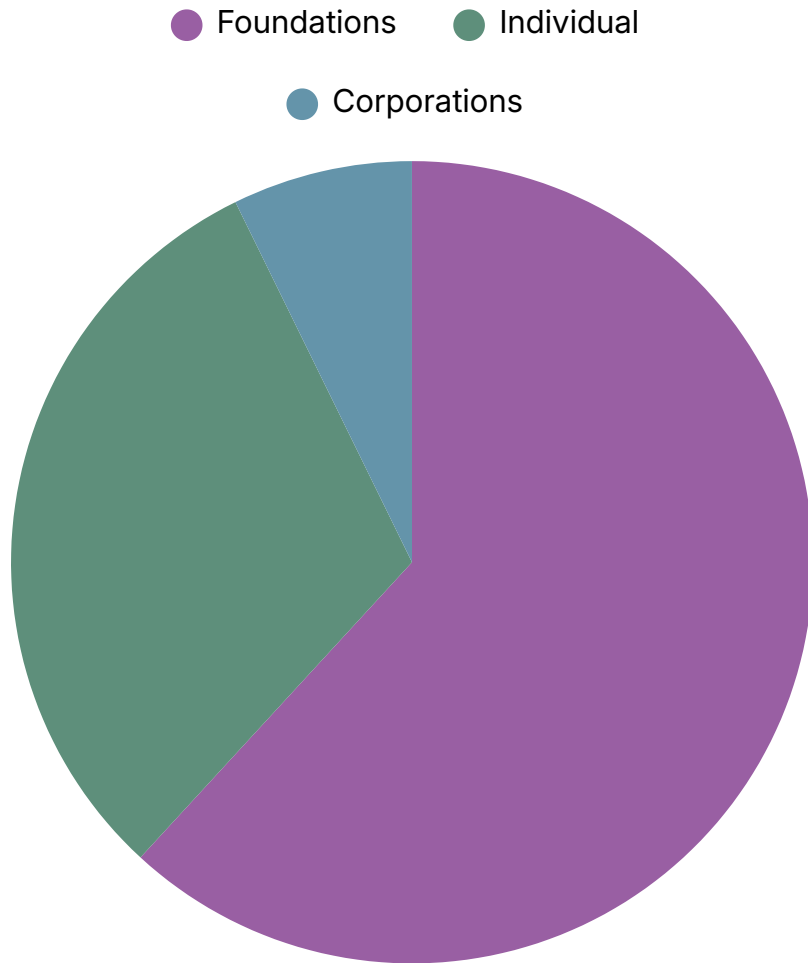
\$973,394

Revenues and Expenses 2024-2025



	2024	2025
Revenues	\$959,786	\$1,008,333
Expenses	\$943,341	\$ 973,341

Donations 2025



Donations:

Individuals*	\$123,487
Corporations	\$ 29,002
Foundations	\$247,106

TOTAL DONATIONS	\$399,595
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** Individuals are comprised of Individuals and religious congregations.*

Partners

Core Funding:

Mission and Service Fund, Nakonha:ka Regional Council; The United Church of Canada

Public Sector/Government

Canada Summer Jobs (Canada)
Circonscription de Saint-Henri-Sainte-Anne
Bureau de Guillaume Cliche-Rivard
Community Action Program for Children (Canada)
Emploi Québec : Programme d'aide et d'accompagnement social
ESDC – Employment and Social Development
Government of Canada: Canadian Heritage
Government of Canada: New Horizons
PALIM (MEQ)
PALM (Ville de Montréal)
Ville de Montréal et le Ministère du travail, de l'emploi et de la solidarité sociale
Young Canada Works (Canada)

Businesses/Organizations/ Corporations:

Action Gardien
Bureau en Gros
CN Employees' & Pensioners' Community Fund
Eagle Export
Moisson Montreal
SDC Pointe Saint Charles
SPVM, Station 15

Services Contracts:

Dawson College
DRSP 3.1 Milieu de vie favorable – Petite enfance
DRSP 4.2 Milieu de vie favorable – Jeunesse
Concordia University

Foundations:

Barwick Family Foundation
Bhal – Jun Fund
Birks Family Foundation
CL Copland Family Foundation
David H. Laidley Foundation
Drummond Foundation
Eric T. Webster Foundation
Erskine and American Trust
Father Dowd Foundation
Generations Foundation
George Hogg Family Foundation
Good Samaritan Fund
Hospitaller Order of Saint John of Jerusalem
Howick Foundation
Hylcan Foundation
J. A. De Sève Foundation
J.B Fellows Foundation
James Barriere Foundation
John Baker Fellowes Family Foundation
Lindsay Memorial Foundation
Lloyd Carr – Harris Foundation
MacDonald Stewart Foundation
Mission Inclusion
Nakonha:ka Regional Council: Strategic Fund
St. Andrew's Society of Montreal
St. Patrick's Society of Montreal
Strategic Charitable Giving Foundation
United Church of Canada Foundation, Seeds of Hope
United Church of Canada Foundation,
United We Trust-Based Grant
Zeller Family Foundation

We are deeply grateful to all donors, funders, supporters, and partners whose generosity makes our work possible. A special thank you to the United Church of Canada and the Federal Government of Canada for their ongoing commitment and support.

Saint Columba House Team

Board Of Directors

Rev. Maylanne Maybee,
President of the Board of Directors
Thomas Kent, Treasurer
Gary Tompkins, Secretary
Valerie Epps, Regional Council
Representative
Frank Edgar, Member
Jean-François Duquesne, Member
Christine Kenny, Member
Luc Lefebvre, Member
Christiane Boucher, Staff Representative

Staff

Executive Director
Sarah Clark
Interim Executive Director
Katherine Pigott (June 2025)
Administrative Assistant
Christiane Boucher
Youth Coordinator
Josiah Miller
Coordinator Hand-In-Hand
Melissa Chamberlain
Assistant Teacher Hand-In-Hand
EMSB Teacher Linda Jewers
Family Program Coordinator
Emilie Jacques
Alternate School Coordinator
Ashleigh Mundle
Shannon Picard (Nov 2025)
Lunch Program Cook
Thomas Winiarski
Lunch Program Assistant
Rosa Julia Yon
Projects Coordinator
Seniors, Meals-On-Wheels
Laura Smith
Bike Shop Coordinator
Khalil Naouai
Caretaker
Bruce Owusa Ansah
Viscount MacFarlane (July 2025)



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Content: Sarah Clark, Executive Director, Saint Columba House

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